

MOUNTAIN VIEW MIDDLE SCHOOL



PRESEASON CONDITIONING



OCTOBER 5, 6 & 8
4:30 - 5:30 PM



Behind Mountain View Middle School

Students will be working on cardio
and getting into shape for the season.

FIRST PRACTICE



MONDAY, OCTOBER 12



MVMS Wrestling Room

2026 - 2027 SCHEDULE

DATE	TEAMS	LOCATION	TIME
10-27-26	MVMS, Taylorview @ Black Can.	🏠 Away	4:30 PM
11-05-26	Rocky Mt., Rigby @ MVMS	🏠 Home	4:30 PM
11-10-26	Black Can., MVMS @ Sandcreek	🏠 Away	4:30 PM
11-17-26	MVMS, Taylorview @ Eagle Rock	🏠 Away	4:30 PM
12-02-26	MVMS, Taylorview @ Rigby	🏠 Away	4:30 PM
12-08-26	Rigby, Farnsworth @ MVMS	🏠 Home	4:30 PM



CONFERENCE TOURNAMENT
DECEMBER 12, 2026
@ TAYLORVIEW



CHARACTER

TEAMWORK

DEDICATION

GRIT